

Presents

FIBER ARTS WITH NATIVE PLANTS



Roots, shoots, twigs, barks, and seed fluff all produce valuable fibers for cordage, clothing, and mats. In this workshop, we will work with a variety of fiber materials that are available in the spring, and cover basic cordage and weaving techniques.

- Cordage from barks, roots, and withes
- Harvesting, drying, and twining
- Coast Salish ethnobotany

When: May 21st, from 10AM-4PM

Where: Arcadia, our new teaching facility. 2582 Northshore Rd. Bellingham WA

Registration: \$60 + tax; Contact abe@cascadianfood.net, 360 303-1339

About the Instructor: T. Abe Lloyd is an ethnobotanist that specializes in food plants that are traditionally used by Coast Salish and other Indigenous Peoples in the PNW. In 2012, Abe earned a master's degree from the prominent ethnobotanist, Nancy J. Turner, and began instructing university courses related to ethnobotany and natural history at WWU and Whatcom Community College. Abe also founded Salal, the Cascadian Food Institute with his wife to help revitalize Indigenous food traditions through consultation with Native American Tribes, writing (look for his book "Wild Berries of Washington and Oregon"), lectures, and hands-on workshops such as this one. He and his wife are passionate foragers and regularly incorporate wild foods into their diets.

